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## Clinical and pathological findings of *Rhodococcus equi* infection in foals<sup>1</sup>

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**ABSTRACT.-** Oliveira L.G.S., Watanabe T.T.N., Boabaid F.M., Wouters F., Wouters A.T.B., Bandarra P.M., Guerra P.R. & Driemeier D. 2019. **Clinical and pathological findings of *Rhodococcus equi* infection in foals.** *Pesquisa Veterinária Brasileira* 39(11):849-857. Setor de Patologia Veterinária, Departamento de Patologia Clínica Veterinária, Faculdade de Veterinária, Universidade Federal do Rio Grande do Sul, Av. Bento Gonçalves 9090, Porto Alegre, RS 91540-000, Brazil. E-mail: [davetpat@ufrgs.br](mailto:davetpat@ufrgs.br)

Infection by *Rhodococcus equi* is considered one of the major health concerns for foals worldwide. In order to better understand the disease's clinical and pathological features, we studied twenty cases of natural infection by *R. equi* in foals. These cases are characterized according to their clinical and pathological findings and immunohistochemical aspects. Necropsy, histologic examination, bacterial culture, *R. equi* and *Pneumocystis* spp. immunohistochemistry were performed. The foals had a mean age of 60 days and presented respiratory signs (11/20), hyperthermia (10/20), articular swelling (6/20), prostration (4/20), locomotor impairment (3/20) and diarrhea (3/20), among others. The main lesions were of pyogranulomatous pneumonia, seen in 19 foals, accompanied or not by pyogranulomatous lymphadenitis (10/20) and pyogranulomatous and ulcerative enterocolitis (5/20). Pyogranulomatous osteomyelitis was seen in 3 foals, one of which did not have pulmonary involvement. There was lymphoplasmacytic (4/20), lymphoplasmacytic and neutrophilic (1/20) or pyogranulomatous arthritis (1/20), affecting multiple or singular joints. Immunohistochemistry revealed to be a valuable tool for the detection of *R. equi*, confirming the diagnosis in all cases. Furthermore, pulmonary immunostaining for *Pneumocystis* spp. demonstrates that a coinfection with *R. equi* and this fungal agent is a common event in foals, seen in 13 cases.

**INDEX TERMS:** Clinic, pathology, *Rhodococcus equi*, infection, foals, equine infectious diseases, pneumonias of foals, rhodococcosis, horses, equine.

**RESUMO.- [Achados clínicos e patológicos da infecção por *Rhodococcus equi* em potros.]** Infecção por *Rhodococcus equi* é considerado um dos maiores problemas sanitários para potros em todo o mundo. Para melhor compreender a apresentação clínica e patológica da enfermidade, foram avaliados vinte

casos de infecção natural por *R. equi* em potros. Os casos são caracterizados de acordo com seus achados clínicos e patológicos e aspectos imuno-histoquímicos. Foram realizados exames de necropsia, histologia, bacteriologia e imuno-histoquímica para *R. equi* e *Pneumocystis* spp. Os potros tinham

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idade média de 60 dias e apresentaram sinais respiratórios (11/20), hipertermia (10/20), aumento de volume articular (6/20), prostração (4/20), distúrbios locomotores (3/20) e diarreia (3/20), entre outros. As lesões mais importantes eram pneumonia piogranulomatosa, vista em 19 potros, acompanhada ou não por linfadenite piogranulomatosa (10/20) e enterocolite ulcerativa (5/20). Osteomielite piogranulomatosa foi constatada em três potros, um dos quais não apresentava envolvimento pulmonar. Artrites afetando uma ou múltiplas articulações eram caracterizadas por infiltrado linfoplasmocítico (4/20), linfoplasmocítico e neutrofílico (1/20) e piogranulomatoso (1/20). A imuno-histoquímica demonstrou ser uma ferramenta valiosa na detecção de *R. equi*, permitindo confirmar o diagnóstico em todos os casos avaliados. Além disso, a imuno-histoquímica para *Pneumocystis* spp. demonstra que a coinfeção por *R. equi* e o agente fúngico é um evento frequente em potros, constatado em 13 casos.

**TERMOS DE INDEXAÇÃO:** Clínica, patologia, infecção, *Rhodococcus equi*, potros, doenças infecciosas de equinos, pneumonias em potros, rodococose, equinos.

## INTRODUCTION

*Rhodococcus equi* infection is known worldwide as one of the major sanitary problems affecting foals up to six month old. In humans it is a concern, especially in immunosuppressed patients (Prescott 1987, 1991, Giguère & Prescott 1997). Variable concentrations of the rod-to-coccus gram-positive nocardioform actinomycete can be found in horse farms, but infections occur depending on foal population density, temperature, dust, soil pH, as well as, a high proportion of virulent *R. equi* strains in the soil (Prescott 1991, Takai 1997, Meijer & Prescott 2004).

The virulence of the strain is determined by a group of proteins called "Vap" (virulence-associated proteins), of which VapA is considered the most important for the development of the disease in foals (Takai et al. 1991, Tan et al. 1995, Monego et al. 2009). Secondary and immunosuppressive conditions can interact in the pathogenesis of the disease in foals. Pulmonary infection by the fungus *Pneumocystis* is sometimes seen in association to *R. equi* infection in foals (Ainsworth et al. 1993, Perron Lepage et al. 1999).

The main clinical and pathological feature in foals with *Rhodococcus equi* infection is severe pyogranulomatous pneumonia, frequently accompanied by ulcerative enterocolitis and mesenteric lymphadenitis (Zink et al. 1986, Caswell & Williams 2016). Furthermore, the infection can lead to arthritis, osteomyelitis, hepatic, splenic or skin abscesses, hypopyon, ulcerative lymphangitis, methritis, and abortion in horses (Zink et al. 1986, Szeredi et al. 2006, Caswell & Williams 2016). Histologically, there are extensive areas of necrosis with abundant pyogranulomatous infiltrate and macrophages containing numerous intracytoplasmic coccobacillary bacteria (Johnson et al. 1983, Caswell & Williams 2016). The aims of this study were (I) to describe the clinical and morphological findings of rhodococcosis in foals associated to the immunohistochemical detection of the organism; (II) determine the occurrence of pulmonary coinfection with *Pneumocystis* spp.

## MATERIALS AND METHODS

Twenty foals naturally infected by *Rhodococcus equi* were submitted to postmortem examination from 1997 to 2012. Referring veterinarians provided the clinical background. Samples of multiple organs were collected, fixed in 10% formalin, routinely processed for histology and embedded in paraffin. Sections were cut at 3µm and stained with hematoxylin and eosin (HE), Brown-Hopps method, and Grocott's methenamine silver (GMS). Fresh samples of the tissues containing lesions were submitted to bacteriological testing according to standard laboratory protocols (Quinn et al. 2011).

Immunohistochemistry (IHC) for *R. equi* was performed with a polyclonal antibody produced by inoculation of an ATCC strain of *R. equi* in rabbits, at a 1:50 dilution. The antigen retrieval was made by a citrate buffer solution at pH 6.0 for 3 cycles of 5 minutes in a microwave. For the *Pneumocystis* IHC the commercial antibody anti-*Pneumocystis jirovecii* (*carinii*) (3F6): sc-57980 (Santa Cruz Biotechnology®) at a 1:1,000 dilution was used. The antigen retrieval was made by a 0.1% dilution of trypsin for over 15 minutes at 37°C, followed by a citrate buffer solution at pH 6.0 for 40 minutes at 96°C. Afterward, for both techniques, staining was obtained by the streptavidin-biotin immunoperoxidase technique, using 3,3-diaminobenzidine for *R. equi* IHC and 3-amino-9-ethylcarbazole for *P. jirovecii* (*carinii*) (3F6).

## RESULTS

### History and clinical features

The foals submitted to necropsy belonged to four different horse-breeding farms from Porto Alegre, Brazil. Seventeen out of 20 cases were from a single farm, with history of approximately eight deaths/year attributed to *Rhodococcus equi* infection. The affected foals were of different ages, varying from 30 to 95 days (average 60 days), belonging to different breeds, such as Brazilian Sport Horse (6/20), Holsteiner (6/20), American Quarter Horse (2/20), Brazilian Saddle Horse (1/20), unknown (5/20). No difference in sex was observed (10 females and 10 males). Clinical history was of respiratory signs, such as nasal discharge, cough and dyspnea (11/20); as well as hyperthermia (10/20); prostration (4/20); articular swelling (6/20); locomotor disorders, such as lameness, hindlimb paresis or paralysis (3/20), opacity of the anterior eye chamber (2/20); hyphema (2/20); diarrhea (3/20); and two foals had no clinical signs. The foal's clinical picture is described in Table 1.

### Necropsy findings

At necropsy, the foals' body condition ranged from good or fair (17/20) to poor (3/20) (Table 2). Pulmonary lesions were seen in the majority of the cases (19/20) and consisted of multifocal to coalescing nodules ranging from a few millimeters up to 10cm in diameter (Fig.1A), containing a yellowish white creamy material (Fig.1B), accompanied by cranioventral consolidation in some foals. The lungs were also diffusely non-collapsed with rib impressions and elastic consistency in one foal (1/20). Other respiratory lesions included guttural pouch empyema (1/20), guttural pouch tympany (1/20), fibrinosuppurative pleuritis (1/20), pneumothorax associated with pleural bullous emphysema (1/20) and ulcerative tracheitis (1/20). One-half of the foals presented lymphadenitis (10/20), eight of them involving the mesenteric, colonic (Fig.2A) and/or gastric lymph nodes

**Table 1. Signalment and clinical signs of the foals with *Rhodococcus equi* infection**

Case	Age (days)	Sex	Breed	Main clinical signs
1	60	F	Quarter Horse	Prostration, anorexia, nasal purulent discharge, respiratory signs, hyperthermia
2	60	M	NA	Born weak, respiratory signs
3	90	M	NA	Respiratory signs, hyperthermia
4	45	F	NA	Respiratory signs, hyperthermia
5	30	F	Brazilian Sport Horse	Respiratory signs, nasal purulent discharge, hyperthermia
6	75	F	Brazilian Sport Horse	Respiratory signs
7	60	M	Quarter Horse	Underdeveloped, ocular opacity, blindness
8	45	F	NA	Found dead
9	95	M	Brazilian Saddle Horse	Underdeveloped, respiratory signs, prostration, staggering, walking in circles
10	45	F	Holsteiner	Not stated
11	60	M	Brazilian Sport Horse	Hindlimb paralysis, hyperthermia
12	30	M	Holsteiner	Dyspnea, cough, multiple articular swelling, hyphema, hyperthermia, prostration, hindlimb paresis
13	70	M	Holsteiner	Prostration, hyperthermia, hyphema, tarsal articular swelling, diarrhea, superficial lymphadenomegaly
14	75	F	Brazilian Sport Horse	Right hindlimb lameness with swelling and fistulation of the right tarsal joint; fluctuating nodule on the left retromandibular region
15	60	M	Brazilian Sport Horse	Respiratory signs, hyperthermia
16	52	F	Holsteiner	Respiratory signs, multiple articular swelling
17	81	M	Holsteiner	Chronic intermittent diarrhea accentuating at the final stage
18	60	F	Holsteiner	Cough, hyperthermia, carpal joint swelling
19	40	F	Brazilian Sport Horse	Found dead in a paddock presenting cases of acute diarrhea in foals
20	60	M	NA	Chronic intermittent diarrhea, multiple articular swelling, hyperthermia, ocular opacity

F = female, M = male, NA = not available.

**Table 2. Macroscopical and histological lesions in the foals naturally infected with *Rhodococcus equi***

Case	BCS	Respiratory system and thoracic cavity	Non-respiratory
1	G	PGP, fibrinosuppurative pleuritis and guttural pouch empyema	Hydroperitoneum and jejunoileal intussusception
2	G	PGP	None
3	G	PGP, PU tracheitis	None
4	G	PGP, IP	None
5	G	PGP, IP, tracheobronchial PGL	Mesenteric PGL
6	P	PGP	Mesenteric PGL, PU typhlocolitis with colonic PG lymphangitis, FN glossitis, esophagitis, and gastritis.
7	G	PGP	Mesenteric PGL, hypopyon
8	G	PGP	None
9	G	PGP, tracheobronchial PGL	Inguinal hernia with segmental jejunal incarceration (15cm long)
10	G	PGP	PU typhlocolitis
11	P	PGP	PU typhlocolitis, mesenteric PGL, PG osteomyelitis of the second lumbar vertebra with spinal cord compression
12	G	PGP, IP	LP arthritis of the stifle and tarsal joints, hyphema
13	G	PGP, severe pulmonar hemorrhage, tracheobronchial PGL	Multifocal extensive hemorrhages in muscles, subcutaneous, lungs and urinary bladder, hyphema, hemarthrosis and LP arthritis of the tarsal joint. Hepatic and mesenteric PGL, peritoneal adhesions, ulcerative jejunitis and ileitis
14	G	None	PG osteomyelitis of the right side of the atlas, involving the adjacent soft tissues. PG and fibrosing arthritis of the right tarsal joint
15	G	PGP	None
16	G	PGP	Mesenteric PGL, colonic PG lymphangitis, LP and neutrophilic arthritis
17	G	PGP, IP, FN tracheitis, PG osteomyelitis of the third left rib	PU typhlocolitis, mesenteric PGL, FN glossitis, esophagitis and gastritis of the non-glandular portion
18	G	PGP, pneumothorax secondary to bullous emphysema, atelectasis, tracheobronchial PGL	PU typhlocolitis, LP arthritis of the carpal joint
19	G	PGP	FN enterocolitis, mesenteric PGL
20	P	PGP, IP, diffuse pulmonar mineralization. Guttural pouch tympany	Mesenteric PGL, hypopyon, LP arthritis, fibrinous peritonitis, extensive epicardial and endocardial mineralization.

BCS = Body condition score, FN = fibrinous-necrotizing, G = good or fair body condition, IP = interstitial pneumonia, LP = lymphoplasmacytic infiltration, P = poor body condition, PG = pyogranulomatous, PGL = pyogranulomatous lymphadenitis, PGP = pyogranulomatous pneumonia, PU = pyogranulomatous and ulcerative, UL = ulcerative.



and five implicating the tracheobronchial ones. Ulcerative typhlocolitis (Fig.2B) was observed in five cases. One case presented ulcerative enteritis of the distal segment of the jejunum and ileum and one had acute fibrinonecrotic enterocolitis. Two foals had thickened lymphatic vessels on the colonic serosa; one case had jejunoileal intussusception and one additional case had an inguinal hernia containing a 15cm long segment of the jejunum. Fibrinous peritonitis and ascites have been seen in one case each. Swollen joints containing abundant aqueous synovial fluid or hemorrhagic content were seen in the tibiotarsal, femorotibiopatellar or carpal joints (5/20). Alternatively, a fibrous thickening of the tarsal joint capsule, with a caseous exudate draining through a fistula was seen in one case (1/20, Fig.3A). Three foals (3/20) had bone lesions; one foal presented a purulent nodule with a complete destruction of the body of the second lumbar vertebra (Fig.3B), resulting in the compression of the spinal cord; one case consisted of an encapsulated nodule

filled with a purulent exudate measuring 20cm on the left wing of the atlas; and the last one had a purulent mass on the costochondral junction of the third left rib. One foal presented a retromandibular fluctuating mass, measuring approximately 20cm in diameter, corresponding to an abscess involving the first cervical vertebra. The eyes were affected in four foals, with hypopyon (2/20) or hyphema (2/20). Additionally, there was one case with disseminated hemorrhages, involving different organs, including the subcutaneous tissue, skeletal muscles, lungs, urinary bladder and the already mentioned anterior chamber of the eye and a tarsal joint. There was also concurrent fibrinonecrotic esophagitis (2/20) with similar lesions in the nonglandular portion of the stomach in one of the foals, affecting the tongue and trachea in the other.

### Histopathological findings

In the 19 foals with pulmonary gross lesions, there was multifocal inflammatory infiltrate of neutrophils, macrophages and multinucleated giant cells filling the alveolar spaces and

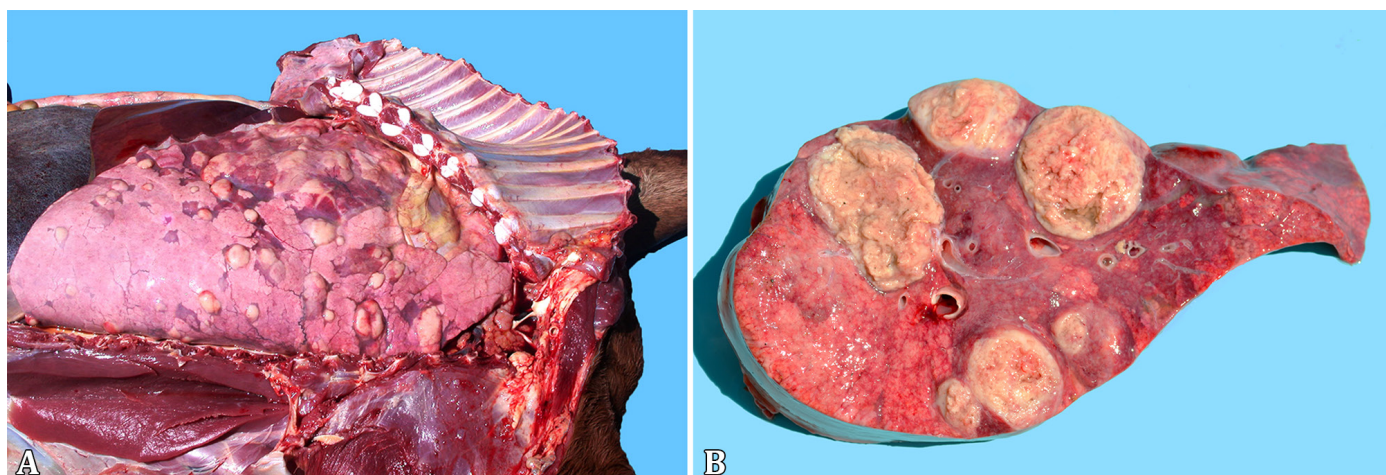


Fig.1. Lungs of *Rhodococcus equi* naturally infected foals. (A) Multifocal to coalescing lung nodules, and (B) containing a yellowish white creamy material, seen at the cut surface.

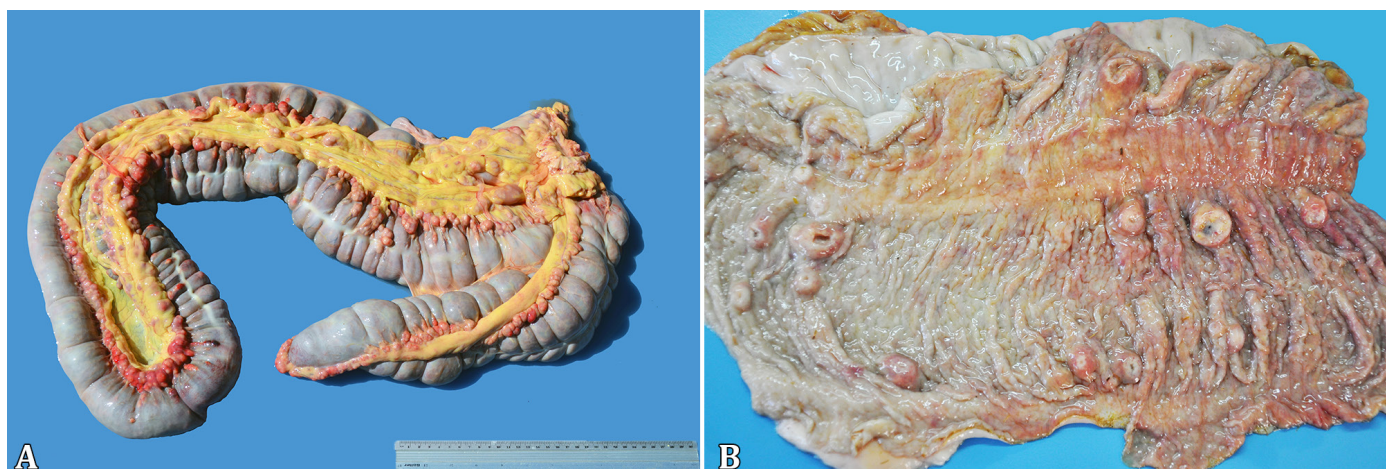


Fig.2. *Rhodococcus equi* naturally infected foals. (A) Lymphadenitis involving the colonic lymph nodes. (B) Ulcerative typhlocolitis with umbilicated nodules on the mucosa.



bronchioles (Fig.4A), associated with extensive necrosis of the pulmonary parenchyma. The macrophages occasionally contained myriads of cocobacillary basophilic bacteria (Fig.4B), which stained gram-positive with Brown-Hopps technique. The inflammatory infiltrate was sometimes delimited by a fibrous capsule and also interspersed between the nodules. The alveolar capillaries had large amounts of neutrophils and multifocal thrombosis. There was also interstitial and alveolar edema, sometimes with abundant fibrin deposition. In five cases there was simultaneous interstitial pneumonia, characterized by alveolar walls thickening, due to either proliferation of type 2 pneumocytes as well as mononuclear cells infiltration. In one case, associated with the interstitial lesion, mineralization of the alveolar walls, arterial tunica media, as well as the endocardium was observed. In ten cases, marked pyogranulomatous infiltrate, sometimes

containing bacterial laden macrophages was observed in the lymph nodes. Pyogranulomatous infiltrate in the lymphatic aggregates of the large intestine with superficial mucosal ulceration was seen in five cases, eventually accompanied by pyogranulomatous lymphangitis. Fibrinonecrotic enterocolitis with coccobacillary bacteria on the mucosal surface was seen in one case. Three foals had pyogranulomatous osteomyelitis with severe destruction of the bone matrix, involving a cervical and a lumbar vertebra, and a rib of each foal. One case presented pyogranulomatous and fibrosing arthritis of the tarsal joint, one had lymphoplasmacytic and neutrophilic articular infiltrate, and four other cases had lymphoplasmacytic arthritis, with severe hemarthrosis in one of them. There were two cases of hypopyon, with marked fibrinous exudate in the anterior eye chamber and two cases of hyphema. In the trachea of one foal, there



Fig.3. *Rhodococcus equi* naturally infected foals. (A) Swollen tibiotarsal joint with an inspissated exudate draining through a fistula. (B) Destruction of the body of the second lumbar vertebra.

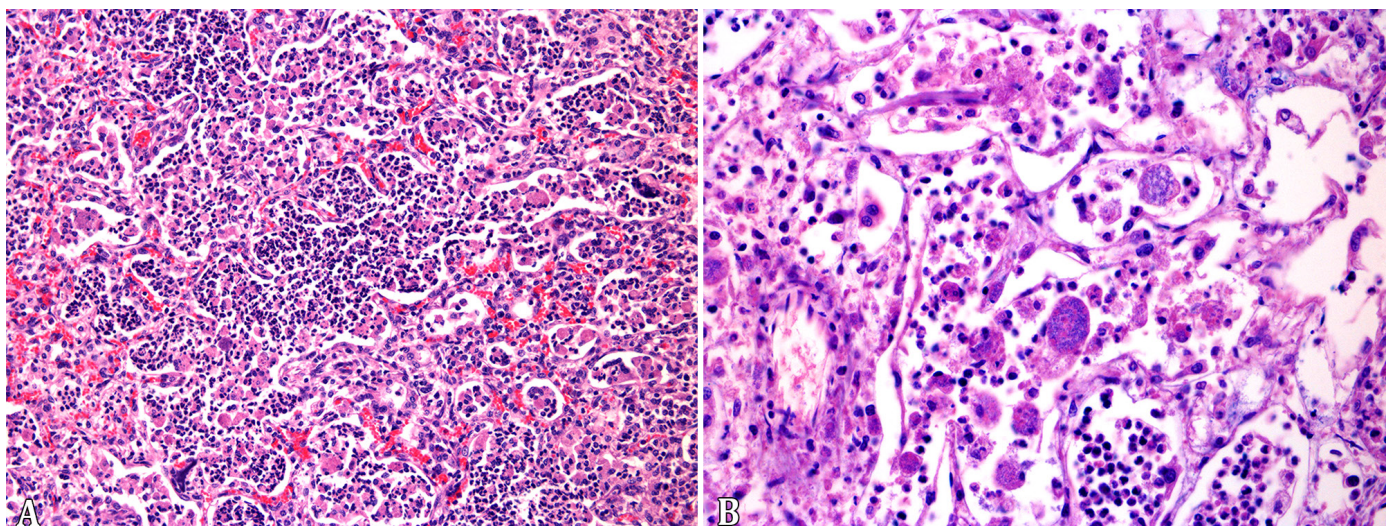


Fig.4. *Rhodococcus equi* naturally infected foals. (A) Neutrophils, macrophages, and eventual multinucleated giant cells filling the alveolar spaces and bronchioles. HE, obj.20x. (B) Macrophages expanded by myriads of cocobacillary basophilic bacteria. HE, obj.40x.



was a multifocal submucosal pyogranulomatous infiltrate with ulceration of the mucosa. The cases with ulcerative esophagitis, gastritis or tracheitis had multifocal extensive areas of superficial necrosis with neutrophilic infiltrate, interspersed with numerous Grocott positive yeasts and pseudohyphae, compatible with *Candida* spp.

### Microbiological tests

Out of the 20 cases, 15 resulted in the isolation of pure cultures of *R. equi* of the lesions. In two foals there was also isolation of *Salmonella* sp. from the intestines. The two cases of ulcerative esophagitis resulted in *Candida albicans* isolation from the esophageal samples.

### Immunohistochemistry

The 19 cases of pyogranulomatous pneumonia the intracytoplasmic bacteria seen in the intralesional macrophages were positive for *R. equi* in the IHC test. In addition, the bones of the 3 foals with osteomyelitis as well as the tarsal joint, tracheal and intestinal lesions of all horses with extra-pulmonary pyogranulomatous lesions were positive for *R. equi* (Fig.5A,B). The synovial membranes of four foals with lymphoplasmacytic arthritis and the foal with lymphoplasmacytic and neutrophilic arthritis were all negative. The IHC for *Pneumocystis* revealed 13 positive cases for the fungus, two with large amounts of the microorganism, either free in alveolar spaces or in the cytoplasm of alveolar macrophages (Table 3, Fig.6A,B).

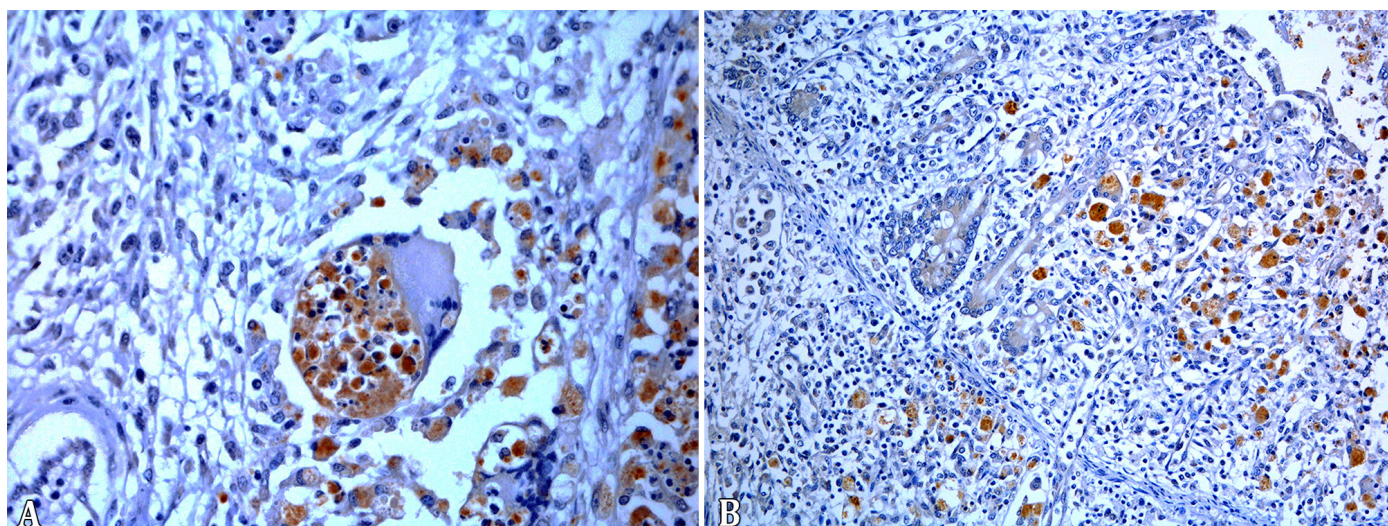


Fig.5. (A) Immunolabeled *Rhodococcus equi* in the cytoplasm of intralesional macrophages in pyogranulomatous pneumonia. Streptavidin-peroxidase, chromogen 3,3-diaminobenzidine (DAB), obj.40x. (B) Immunolabeled *Rhodococcus equi* in intestinal lesions of naturally infected foals. Streptavidin-peroxidase, chromogen 3,3-diaminobenzidine (DAB), obj.20x.

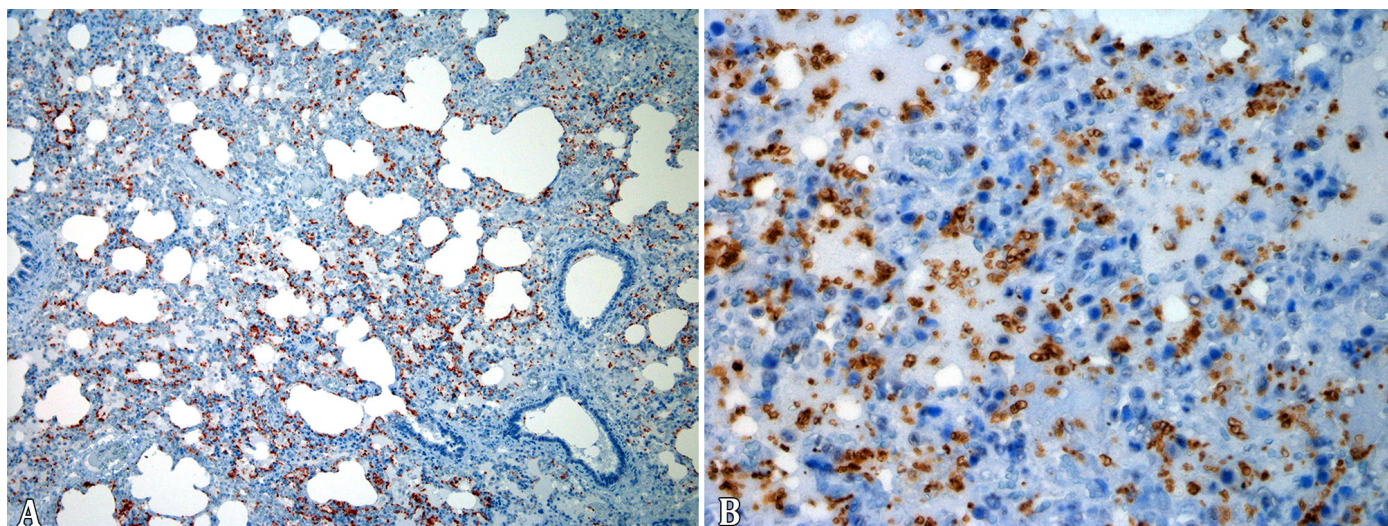


Fig.6. (A-B) Large amounts of the *Pneumocystis* sp., are seen free in alveolar spaces and in the cytoplasm of alveolar macrophages of foals naturally infected by *Rhodococcus equi*. Primary antibody *Pneumocystis jiroveci* (carinii) (3F6). Streptavidin-peroxidase, chromogen 3-amino-9-ethylcarbazole (AEC), obj.10x and obj.40x.



**Table 3. Immunohistochemical findings for *Pneumocystis* spp. in lungs of foals naturally infected by *Rhodococcus equi***

Case	Immunostaining*	Distribution
1	-	NA
2	-	NA
3	++	Multifocal
4	+	Multifocal
5	+	Multifocal
6	-	NA
7	++	Multifocal
8	-	NA
9	+++	Diffuse
10	++	Multifocal
11	-	NA
12	-	NA
13	-	NA
14	++	Multifocal
15	+	Multifocal
16	++	Multifocal
17	+++	Multifocal to coalescing
18	+	Multifocal
19	+	Multifocal
20	++	Multifocal

NA = Not applicable; \* Score: (-) no staining, (+) low or mild, (++) moderate, (+++) marked.

## DISCUSSION

The clinical and pathological findings described herein reinforce *Rhodococcus equi* as an important horse pathogen, supporting studies of other countries (Zink et al. 1986, Giguère & Prescott 1997, Sönmez & Gürel 2013). In our cases, all foals came from horse-breeding farms; even though extensively raised workhorses are abundant in the State of Rio Grande do Sul (Costa et al. 2014), indicating that a high populational density can be, indeed, a determinant factor for the occurrence of the disease. An epidemiological study was however not performed to determine the disease prevalence in different types of production.

Pyogranulomatous pneumonia was the most common, single or combined finding, seen in 95% of the examined foals, highlighting the importance of the airborne way of infection. The only case with no respiratory lesions presented osteoarticular infection affecting the first cervical vertebra and the right tarsal joint. This singular case points to alternative routes of dissemination, such as hematogenic spreading (Giguère & Prescott 1997). The most common lesions, in addition to the pulmonary presentation, consist of pyogranulomatous lymphadenitis and pyogranulomatous and ulcerative enterocolitis, seen respectively in 50% and 25% of the cases, similar to other reports described in the literature (Zink et al. 1986, Caswell & Williams 2016). The articular infiltrate was lymphoplasmacytic (20%), lymphoplasmacytic and neutrophilic (5%) or pyogranulomatous (5%). Just in the case with pyogranulomatous infiltrate, microbiology and immunohistochemistry tests allowed the detection of *R. equi*. Lymphoplasmacytic arthritis is thought to be an immune-mediated reaction (Sweeney et al. 1987, Giguère

& Prescott 1997), reinforced by the fact that none of the samples yielded bacterial growth nor immunohistochemical expression for *R. equi* at the lesion site. Vertebral bodies are other important sites of infection, resulting in compression of the spinal cord due to a compressive myelopathy, which led to locomotor impairment in one foal. The lack of evident clinical signs in spite of the severity of the lesions in many cases could be explained by the slow progression of the pulmonary lesions, combined to the remarkable capacity of the foal to compensate the progressive loss of viable lung (Giguère & Prescott 1997). The organism was detected in 100% of the cases by immunohistochemistry. This method is known to be a valuable tool in the routine detection of *R. equi* infection (Madarama et al. 1996, Mariotti et al. 2000, Sönmez & Gürel 2013).

Pulmonary infection with *Pneumocystis* revealed to be frequently associated with *Rhodococcus equi* infection in foals, with 65% of the lungs being positive in the immunohistochemical test, even in a case with no pulmonary pyogranulomatous lesion. Lung infection with *Pneumocystis* is thought to be an opportunistic condition in horses, similarly to what is observed in humans with Immunodeficiency Virus infection and in pigs with Porcine Circovirus type 2 infection (Cavallini Sanches et al. 2006, Ueno et al. 2014). However, it is important to emphasize that only four of the 13 foals with *Pneumocystis* infection had histologic evidence of interstitial pneumonia. Similarly, in pigs slaughtered in Brazil, pulmonary infection by *Pneumocystis* spp. is not associated with interstitial pneumonia in a large proportion of the cases (Cavallini Sanches et al. 2007). In our study immunohistochemistry was performed with a monoclonal antibody against *Pneumocystis jirovecii* from human lung; however a molecular investigation was not accomplished to determine the specific identity of the organism. In one case of *Pneumocystis* infection in a foal, the organism found revealed to be distantly related to the organism that infects humans, but close to the *Pneumocystis* spp. found in other hosts (Ueno et al. 2014).

Other concurrent infections observed in this study were, for example, candidiasis of the superior digestive tract (2/20) and enteric infection with *Salmonella* sp. (2/20). One of the cases with *Salmonella* sp. infection had a fibrinonecrotic enterocolitis, typical of salmonellosis in horses (Traub-Dargatz & Besser 2007, Juffo et al. 2016) and the other case had a pyogranulomatous and ulcerative colitis, similar to the enteric lesions due to *R. equi* infection (Traub-Dargatz & Besser 2007). Concomitant infections with microorganisms are considered opportunistic and could be attributed to an imbalance in the digestive tract microbiota secondary to antibiotic or anti-inflammatory therapy as well as environmental stress factors (Traub-Dargatz & Besser 2007, Uzal et al. 2016, Juffo et al. 2016).

Hemorrhagic diathesis (1/20) and soft tissue mineralization (1/20) were also present. The first condition presented as a systemic hemorrhage, involving the musculoskeletal system, eyes, as well as the lungs and urinary bladder. Although the macroscopic picture could suggest purpura, which is a possible complication of *Rhodococcus equi* infection in foals, the lack of microscopic evidence of vascular necrosis ruled out the diagnosis (Pusterla et al. 2003). Disseminated intravascular coagulation (DIC) is another hypothesis since it has been seen in foals intratracheally inoculated with *R. equi*. Albeit



the authors of this experiment considered unlikely that sepsis due to *R. equi* could lead to DIC (Johnson et al. 1983). The pathogenesis involving the pulmonary, epicardial, and endocardial mineralization seen in one foal remains speculative, but this finding could be attributed to hypercalcemia, a consequence of an upregulated production of activated vitamin D<sub>3</sub> by macrophages in granulomatous diseases, as demonstrated in bovine paratuberculosis (Driemeier et al. 1999). Diffuse pulmonary mineralization has also been seen in cases of salmonellosis in foals (Juffo et al. 2016).

## CONCLUSIONS

*Rhodococcus equi* infection is an important sanitary problem of foals in our region, due to the severity of the lesions involving the respiratory and alimentary systems, as well as the locomotor apparatus.

Immuno-histochemistry was an important tool to reach the detection of *R. equi* infection and helped to elucidate the pathogenesis of different lesions, such as septic or immune-mediated arthritis.

Furthermore, infection with *Pneumocystis* shows to be frequent in foals infected with *R. equi* in the laboratory's range.

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